

## **KANSAS COUNSELING ASSOCIATION**

### **KCA Executive Board Meeting Minutes**

**November 5, 2008**

**Emporia, Kansas**

#### **INTRODUCTION and PRESIDENT'S MESSAGE**

President, Paul Kyle, called the KCA Board meeting to order at 6:30 p.m. on November 5, 2008.

Roll call was taken with all of the executive board members present except the following: Lori Mitchell-Kandt, Beth Tedrow, Angie Gerdes, Val Beikmann, Teryl Goeckel, Vicki Chance, and Ryan Ruda.

Previous to the meeting, Rosanne Haberman led a discussion based on the book *Pirate Wisdom*.

#### **CONSENT AGENDA ITEMS**

Motion was made and approved to accept the consent agenda excluding the treasurer's report. (*Flax/Haberman*).

##### **1. Treasurer's Report**

Marvalee reported that the balance in the general fund was decreasing while the balance in the convention continues to increase. It was moved, seconded and approved that \$10,000 be moved from the designated convention funds to the KCA general funds in order to promote liquidity. (*Woodarad/Urlich*)

Motion to authorize Marvalee Collins to investigate and pursue an interest bearing CD account in the amount of \$15,000 out of convention funds was approved. (*Flax/Sloop*)

It was noted that a line item for the graduate student committee be included in next years budget.

#### **STRATEGIC PLAN**

Paul Kyle reviewed the progress on our strategic plan in order to keep ourselves accountable.

1. Development of the KCA journal: committee has met and submitted possible proposals.
2. Address programming needs of members: A pod cast will be available on both keynote speakers at convention
3. Membership driven focus:  
Work has begun to get involvement of graduate students. There will be a transition meeting set aside during the convention to better facilitate the transition from current

board to new board. The board will continue to keep in touch with the membership through the calling tree process. A letter will be distributed to counselors who are members of national organizations and not KCA. Carol Dellinger will assist in the

acquisition of lists and Kris Burkholder will mail out letters.

## **OLD BUSINESS**

### **1. Mileage support for Advocacy & Legislation**

It was agreed that a stipend for Advocacy and legislation be included in next year's budget. Motion was made that KCA will pay a \$500 stipend from general funds for advocacy and legislation to Elaine Ptacek. (*Woodard/Dellinger*)

### **2. Section 2.5 and 2.13**

Carol reported that the section in Policies and Procedures 2.13 be deleted as per vote which passed at the November meeting in 2006.

Motion was made and carried that in KCA Policies and Procedures, under 2.5 Duties of Officers, E. Treasurer, we add: 7. The treasurer will seek authorization from the board for a KCA credit card for the president, president elect, executive director and treasurer at the first meeting of each fiscal year. (*Dellinger/Haberman*)

### **3. Graduate Student Update**

Rosanne Haberman and Willy Skaggs led discussion on the graduate student application for scholarship to convention. It was decided KCA would provide 5 scholarships for registration plus 2 nights lodging at the convention hotel, selected from the completed applications.

Discussion was also held on obtaining graduate students for the Graduate student committee. Jon Sward and Fred Bradley will assist in getting representation from the regent schools on the graduate committee.

There was also discussion on graduate students receiving elective credit for convention attendance.

It was the consensus of the board that KCA reduce the price of graduate students for convention to \$50 with signature of professor.

Rosanne concluded the discussion with her summary of plans for the graduate committee. They will add a submission deadline date to the application, add a line for area of student concentration in counseling, and distribute hard copies of the application to the universities with copies of the registration form and conference brochures.

### **4. KCA Journal**

Harold Hula reviewed the journal committee's ideas for publication of a KCA journal. It was moved, seconded and carried that we as a KCA executive council support the idea and production of a journal

*(Haberman/Bradley)*

The current journal committee will become part of the initial editorial board and develop policy to be approved by the executive board. They will also develop job descriptions, a proposed dollar amount for next years budget as well as developing a temporary budget.

5. KCA financial accounts to remain with one bank  
It was the consensus of the board to keep the KCA accounts in one bank, Bank of America, through transition to new treasurers.
6. Convention 2011  
Discussion was held on the location of the 2011 Convention. Junction City and Wichita were discussed. The Junction City Courtyard & Conference Center was unable to provide the requested number of sleeping rooms and could not accommodate our requested number of breakout rooms. It was moved, seconded and passed that we go to the Wichita Marriott for the 2011 Convention and that we look at the dates of March 4-5 and March 10-11 with our first choice being March 10-11.

*(Bailey/Collins)*

## **NEW BUSINESS**

1. Convention 2009  
The Spring convention will be held in Great Bend March 12-13, 2009. There will be no swap sessions and no regional baskets. Each region and division is asked to donate five items for prizes for casino night.
2. Convention 2010  
Convention in 2010 will be March 10-12 in Overland Park at the Doubletree.
3. Newsletter  
Articles are to be sent to Nadine Bailey by the December 15 deadline for January publication
4. Increase in mileage  
It was moved, seconded and passed to change 2.1 C.1 Mileage. Approved travel for the KCA meetings by motor vehicle shall be reimbursed on the basis of \$.40 per mile (2009) and turnpike fees (receipts required). *(Flax/Woodard)*
5. ACA 20/20 Initiative

Nadine reported on the American Counseling Association vision for the future of counseling.

**ANNOUNCEMENTS**

Deb Woodard reminded regions and divisions that the KCA award nominations were due to Lori Mitchell-Kandt by December 20.

**ADJOURNMENT**

Motion to adjourn was accepted (*Bradley/Urlich*).

Respectfully submitted,  
Lynda Scrivner

KCA Secretary

## Calendar

### Executive Council Meetings:

- July 24, 2008 – Newman University, Wichita, Ks.
- Nov. 5<sup>th</sup>, 2008 – Emporia, Kansas
- March 11<sup>th</sup>, 2009 – Great Bend, Kansas

### Newsletter:

- August 18<sup>th</sup> for Sept. Newsletter
- December 15<sup>th</sup> for January Newsletter
- March 16<sup>th</sup> for April Newsletter

### Midwest Region Leadership Conf. :

- October 1-4, 2008 – Chicago, IL

### Fall Conference:

- November 6, 2008 – Emporia, Ks.

### KCA Spring Conference:

- March 12-13, 2009 – Great Bend, Ks.(workshops on the afternoon and evening of the 11<sup>th</sup>)

### ACA Convention:

March 19-23, 2009 – Charlotte, N.C.

## Presidents Report

This year has certainly not been uneventful. With the historic national election and the world economic crisis, we all need to count our blessings and at the same time keep reaching out, with helping hands, to those less fortunate than ourselves. Given the economic challenges KCA will need to be a stronger advocate for counselors and their importance to the health of the state. It always seems to be the pattern that in bad economic times those who have the expertise and training to help, have to do more with less. KCA and its members will need to speak with a united and loud voice of the importance of mental health professionals in getting through this and future national crises. Given the intestinal fortitude of the KCA membership I am confident together we will have a positive impact on the professional development and advocacy for the mental health providers in the state of Kansas. I have had the opportunity and privilege to see many counselors across the state and I have seen the tremendous positive impact they have had on clients and their families. Many times their work goes unnoticed, especially in the eyes of the larger public audience, but certainly their work is noticed by those they serve, with life changing results. Thank you Counselors, keep up the great work!!!

I want to thank the membership for allowing me to serve you in this capacity. I am still humbled by the fact of serving as president of such a great association. I want to thank the KCA board for their dedication and help this year. Their efforts and hard work has had a positive impact on the membership.

Update on the KCA Strategic Initiatives this year:

- Graduate Students initiatives.  
We are making progress in the areas of Graduate student involvement through programming and processes changes, hopefully resulting in the students being more a part of the fabric of the association. Thanks to Rosanne H., Fred B. and William Skaggs(graduate students board rep.), for all their help in moving these initiatives forward.
- Create and Develop a KCA Journal  
Harold Hula and his team are making great progress in our efforts to establish a KCA Journal. **If you have an interest in this idea, please contact Harold, we still need volunteers.** Thank you to Harold for laying the ground work for this initiative. Thank you to Fred B. and the KASGW Members for their financial support to get this project off the ground.
- Have the Mentoring and Leadership Development work together to grow our KCA leaders for tomorrow.  
Our membership chair Kris Burkholder and the Leadership chair Rosanne Haberman, in cooperation with our past president Jim Flax, have done a tremendous job of challenging us to implement strategies to improve our involvement with the KCA membership. The contact that have been made by individual member to other and potential members is still underway. Personal phone calls, cards and emails have gone out throughout the year to promote the 'value added' to the professional who is a KCA member.

- With our Economic challenges, KCA is meeting the challenges head on though the programming opportunities.  
Given the current economic challenges we have decided to conduct a podcast of the two key note speakers for the conference. This will allow those members who cannot attend the conference to take advantage of some to excellent programming at the conference. Thanks to Christine Perez and the Barton County CC. video crew for their assistance in the endeavor.
  
- Continue to provide quality programming to our members.  
You will have a variety of diverse programming opportunities, at the Spring conference, that will help you in your personal and professional growth. A BIG thanks to Nadine B., Carol D., Christine P. and the rest of the local arrangement and program committee, for the tremendous job they have done with the programming at the Spring conference.

In closing thanks again for all of your hard work and dedication to the people of Kansas.

**KCA Treasurer's Report**

**February 1, 2009**

**Assets:**

**CD: \$11,023.48**

**CD: \$15,744.81**

**CD: \$15,000.00**

**Checking Balance: \$41,128.31**

**Regions and Divisions: \$11,174.78**

**Convention Funds: \$21,717.27**

**KCA Checking \$ 8,246.85**

**Membership Income: \$12,210.70 (July 1, 2008 to February 1, 2009)**

<b>Budgeted Items</b>	<b>Budget</b>	<b>Expenses</b>	<b>Remaining</b>
<b>Newsletter</b>	<b>1700.00</b>	<b>367.52</b>	<b>1332.48</b>
<b>President</b>	<b>2500.00</b>	<b>703.61</b>	<b>1796.39</b>
<b>President Elect</b>	<b>2500.00</b>	<b>344.16</b>	<b>2155.84</b>
<b>Executive Council</b>	<b>3900.00</b>	<b>954.10</b>	<b>2945.90</b>
<b>Executive Director</b>	<b>7500.00</b>	<b>2303.64</b>	<b>5196.36</b>
<b>Treasurer</b>	<b>500.00</b>	<b>179.16</b>	<b>320.84</b>
<b>Awards</b>	<b>450.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Membership</b>	<b>700.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Media</b>	<b>900.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Public Policy</b>	<b>100.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Professional Prep/Standards</b>	<b>50.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Human Rights</b>	<b>20.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Nominations/Elections</b>	<b>250.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Strategic Planning</b>	<b>20.00</b>	<b>0.00</b>	<b>0.00</b>
<b>History and Traditions</b>	<b>50.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Region &amp; Division Support</b>	<b>100.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Leadership</b>	<b>50.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Midwest</b>	<b>2000.00</b>	<b>2084.06</b>	<b>-84.06</b>
<b>Legislative</b>	<b>10,000.00</b>	<b>6328.42</b>	<b>3671.58</b>

## **PRESIDENT-ELECT BOARD REPORT**

The Program Committee met January 10<sup>th</sup> in Great Bend to finalize plans for the March Convention. Carol Dellinger, Convention Chair, has done a wonderful job of organizing breakout sessions, pod casts, signage, meals, and a fun casino night for networking and celebrating!!! The conference promises to be a “GREAT” event with outstanding speakers and presenters. Convention and hotel registration forms are available on the website, KCA listserv and, in the January KCA Newsletter. The program book listing speakers, breakout sessions, and vendors will go to print February 20<sup>th</sup>.

I attended the SEKCA Meeting in Pittsburg, January 29<sup>th</sup>. PSU Admissions department provided the dinner and health fair. It was an evening of their “Three R’s”. Replenish ones resources by networking... Renew your passion by reconnecting to the whys that drew you into counseling... and to Revitalize your life by taking care of yourself! PSU Cosmetology, Nursing, and the Health and Wellness departments were available for manicures, massages and blood pressure tests! Southeast, thanks for your “southern” hospitality!!!

Nadine Bailey  
[bailey@usd367.org](mailto:bailey@usd367.org)

## **Southeast Kansas Counseling Association**

By Sheryl VanDyne, SEKCA President

Pittsburg State University was host site for the winter meeting of the Southeast Kansas Counseling Association meeting held on January 29, 2009. The Admissions Department hosted our event at the Student Center on campus.

The theme for this year's SEKCA meetings is the "Three **R**'s for Counselors" – **R**eplenish Your Resources (network and read); **R**enew Your Passion (journal-reconnect to the whys); and **R**evitalize Your Life (embrace personal goals and take care of yourself). Several college and community organizations celebrated our evening with us by participating in a Health and Wellness Fair. Represented at our fair were a massage therapist, manicurists, blood pressure & body checks by Nursing department and Mt. Carmel Wellness Center, stress balls, health and nutrition demonstrations with water and energy drinks, and a great BBQ dinner as well. Dr. Scott Gordon, PSU HHPER Professor spoke to us about diet and particularly the fat in our diet and on our bodies. Great information and a fun evening! Relaxed and ready to face whatever our jobs throw our way, we finished out the evening with regular business meeting agenda and a few fun door prizes.

#### **Upcoming Events:**

- KCA Conference- March 11-13, Great Bend, KS- Awesome speakers, breakouts, casino night fun, and network opportunities.
- Spring Picnic – Greenbush Educational Center Pavilion, May 7<sup>th</sup> at 5:30PM. Bring the whole family for a relaxing picnic, awards, and silent auction to help benefit a local region scholarship recipient. Bring your favorite side-dish(es) and Jim Rodman, the master grill-chef will WOW us with his BBQ flair. Mark this one on your calendar now!

KCCA Board Report

Submitted by: Christine Perez, President

We had 29 attendees at our 2<sup>nd</sup> Annual Drive in Conference at Kansas State University on January 9, 2009 from 8:30-4:00. Rick Hanson, Ph.D. from Rockhurst University was our morning keynote and Fred Newton, Ph.D. from Kansas State was our afternoon keynote. We had a number of breakouts throughout the day designed to share and network with others in the field. Carol Dellinger was recognized at lunch with a plaque for her services as our past president and her hard work getting the association back on its feet. Feedback from the conference was good and we are looking ahead at location and dates for next year's conference. Please be sure to check out the KCA website to see our pictures under our division!

## **KCA Graduate Student Committee Report**

**Spring 2009**

The graduate student committee has completed several things up to this point. First, the KCA application for scholarship to spring conference was updated and revised. Second, ten copies of the application were mailed to the 5 major Kansas Universities with counseling programs at the beginning of January. These were then to be disbursed to interested graduate students. These 5 universities were Kansas State University, Emporia State University, Pittsburg State University, Wichita State University, and Fort Hays State University. Third, each Universities perspective professors who the applications were sent to were followed up by several e-mails with instructions and clarifications on the application process. From the applications sent to these Universities the KCA board had decided to provide 2 nights hotel and Spring Convention registration to 5 winners of the graduate student scholarship. From this process I received 2 completed scholarship applications.

- Estrellita S. Austin-Wimbush from Emporia State University, Mental Health program.
- McShell Clarke from Emporia State University, School Counseling Program.

The fourth step was to pick winners of the scholarship and since we had less than the 5 total scholarships allowed then both applicants were selected to receive the scholarship. Lastly, the graduate student committee is planning the breakout session for the 2009 Spring KCA conference in Great Bend. Some initial ideas are a poster session, and KCA member guest speakers.